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STREET RACING RETURNS

Two cars due for a street race sit at a starting line on Venture Avenue, a small industrial road on Calgary's eastern outskirts, in this photo snapped for Metro in June 2012. The racers had first met up at a northeast parking lot near Barlow Trail. Police said street racers nabbed this past Friday did much the same. Authorities have pledged to ramp up enforcement in the area. Story, page 6. METRO FILE

Homicide victim arrested before going missing

Colton Crowshoe.
Family fears altercation
with police may have
delayed search efforts



JEREMY
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Family members of a Calgary homicide victim fear a run-in with the law days before his disappearance may have played a role in police allegedly delaying efforts to find him.

Documents provided by family members of Colton James Crowshoe, 18, indicate he was arrested on break-and-enter and loitering charges on July 2.

Colton's father Jimmy Crowshoe said his son came away from the incident with bruises and scratches on his

face that he alleged came at the hands of aggressive arresting officers.

"He kept telling them, the cops, that he wanted their badge numbers," Jimmy said in an interview Monday, after his son's body was found in an Abbeydale retention pond Thursday. "When he came home he was crying."

Two days later would be the last time Colton's friends saw him alive as he left a party early July 4. Family members said he was reported missing a short time later, but the response from police and media outlets was slow.

Danielle Crowshoe, Colton's aunt, said the fear among many family members is that her nephew's encounter with police may have led them to discriminate against him once he was reported missing.

"He wanted us to help him file a complaint against police

for the brutality of it and how they treated him," she said.

Police did not respond to queries about Colton's arrest late Monday afternoon but generally do not comment on the criminal history of victims.

Staff Sgt. Doug Andrus declined to comment during a news conference Saturday when asked about whether the victim was known to police.

Andrus did, however, say that all investigations are treated the same.

Jimmy said Colton was slapped with three infraction tickets and had admitted to being caught urinating on the side of a building in the city's northeast. He'd been out celebrating Canada Day at the time, Jimmy said.

"Everybody was out there drinking and smoking dope, but he (Colton) was never like that," Jimmy said.

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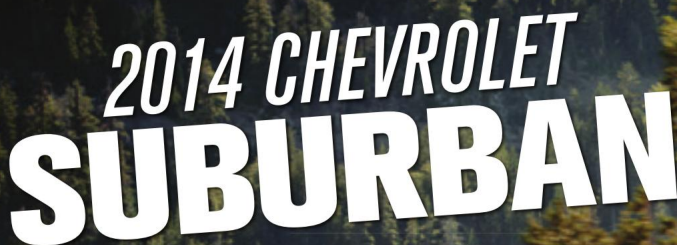
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Analysis

Who are the Red Scorpions?

The Red Scorpions are among the highest-profile gangs in the Vancouver area.

They traffic in drugs and are known for violence — alleged members have pleaded guilty or are accused in one of B.C.'s largest gang slayings, the deaths of six people, including two innocent bystanders, at a Surrey highrise in 2007.

The 'Surrey Six' trial is still ongoing.

The gang was reportedly formed by Michael Le and Konaam Shirzad, who met in jail. 'Red' symbolizes family, 'Scorpions' symbolizes brothers.

In 2006, Michael Le shared a jail cell with Jamie Bacon, an alleged gang leader from Abbotsford (and one of the three infamous Bacon brothers). Their groups later merged, keeping the name Red Scorpions.

In October 2007, six people were executed at the Balmoral Tower in Whalley. Le and another man have already pleaded guilty. A verdict is expected soon for two others, while Jamie Bacon is still awaiting trial in the same case.

In 2008, police in B.C. took the unusual step of issuing a public warning for people to keep clear of the Bacon brothers.

In 2009 an escalating gang war in Vancouver — allegedly between the UN gang and the Red Scorpions, but involving a number of other groups — resulted in the deaths of more than 20 people.

METRO VANCOUVER WITH FILES FROM THE CANADIAN PRESS



RCMP released this photo of firearms and cash seized by police. CONTRIBUTED

Four alleged Red Scorpions arrested

Notorious B.C. gang. Police seize drugs, cash and weapons in joint investigation

Police say they have "significantly disrupted" the activity of British Columbia's notorious Red Scorpions gang in Alberta, after arresting a man they allege was a "principal player" in the criminal organization and three "associate members."

Cory James Lesperance, 29, was arrested on July 23 after police executed a search warrant just outside Red Deer. He

now faces 14 drug and weapons charges.

Police say the former B.C. resident is a Red Scorpions member "at the centre of a drug trafficking network operating in Alberta."

Three alleged Red Scorpions associates were also arrested, including: Robin Joseph Stewart, 52, Nicholas David James White, 21, and Amber McLeod, 23.

According to Alberta Law Enforcement Response Team (ALERT) Staff Sgt. Martin Schiavetta, the investigation was launched in June but expedited once authorities discovered the suspects had access to firearms.

"We're very concerned if groups are distributing drugs and have access to firearms (in the province)," said Schiavetta, calling Lesperance a "principal player" in the organization.

With help from Red Deer RCMP, the Calgary Police Service, and Airdrie RCMP, ALERT executed the search warrant at a Red Deer County home.

Lesperance was arrested on scene; other homes in Calgary's Thorncliffe neighbourhood and Airdrie's Channelside area were also searched.

Police report seizing a total of 512 grams of methamphetamine, 517 grams of cocaine, 52 grams of heroin, 264 grams of

Guns and cash

Police also seized several weapons including a semi-automatic pistol, a stolen shotgun, and three replica handguns. Nearly \$9,000 in cash, believed to be the proceeds of crime, and two vehicles were seized, as well.

marijuana, 80 grams of psilocybin or "magic mushrooms," 130 millilitres of anabolic steroids, and a "cocaine conversion lab" during the searches.

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City erases resident-made signs, calls them 'illegal'

SLOW. Road messages and traffic signs were painted by community members who wanted to slow motorists in the Bankview area



JEREMY NOLAÏS
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The ladybug pictures can stay, but the traffic-control messages and signs can't.

That was the message from City of Calgary roads officials after crews were called to a two-block stretch of 14A Street SW Monday to remove "SLOW" messages painted on the road by Bankview residents who claim they're tired of vehicles speeding through the area.

The same group also attached a sign that read "SLOW — children playing" to a post reserved for parking permit directions.

Area resident Craig Badke said 20 kids, including his own five-year-old, live along the stretch.

The posted speed limit is 50 km/h, but Badke said they have traffic and radar studies indicating some



Families living along 14A Street SW celebrate after writing the word "SLOW" on the street earlier this month.

IMAGE COURTESY CRAIG BADKE

Bug permit

- City roads spokesperson Sean Somers said the Bankview residents hadn't obtained a proper permit to even paint ladybugs on 14A Street SW.
- He said, however, the city had made a concession Monday to issue a permit after the fact so the bugs could stay.

motorists pass through at speeds well over that.

Badke said residents in the area have even signed a letter stating they would pay for traffic-control measures themselves, but have received no support from the city.

A little over a week ago, during the community's annual ladybug festival, kids gathered to draw bugs on the roadway but also added the "SLOW" messages at 19th Avenue and 21st Avenue.

"We were actually amazed at how well it worked," Badke said. "The

best part is, within 10 minutes of the water drying from (city crews) blasting them off, people were peeling around the corner, even in front of news crews."

But city roads spokesperson Sean Somers said the city was forced to intervene and remove the paint.

"What they did was illegal," he said, later adding, "We need to draw the line somewhere ... can you imagine if people started painting their own sidewalks? Putting up their own stop signs?"

Somers said, as a father of two youngsters himself,

he empathizes with parents' concerns, but the city has a process to follow.

He added that traffic calming on 14A Street "isn't even on our radar," as a traffic study done in the fall of 2012 found less than 1,000 vehicles used the strip of roadway over a period of 24 hours and the average speed was less than 30 km/h.

"I don't know that anything would have significantly changed in that area to increase traffic dramatically," he said.

"Is it worth another look in terms of doing another count? Maybe."

10th Avenue bike lane to be scrapped

Calgary will get rid of the part-time bike lane on 10th Avenue once it opens a full-time cycle track two blocks to the south next year, city council decided Monday.

The 12th Avenue separated bike lane will be part of the larger Centre City Cycle Track network Calgary plans to launch as a pilot project in 2015, and councillors voted in favour

of scrapping the northern lane once that happens.

"Tenth Avenue should be closed once 12th Avenue is open," Coun. Shane Keating said.

Ward 8 Coun. Evan Woolley floated the idea of killing the 10th Avenue lane back in April, saying it would become somewhat redundant once cyclists had a full-time, separated, east-

west route just two blocks away.

Cyclists have also long complained about drivers either ignoring the part-time bike lane, which is only in effect during the afternoon rush hour.

Woolley noted removing the lane altogether could free up parking on 10th Avenue as well.

ROBSON FLETCHER/METRO

Upping the cyclist count

On Monday, council also approved metrics by which the success of the Centre City Cycle Track Network will be evaluated. One of the city's goals is to boost the daily number of cyclists counted on 12th Avenue to 900, up from the current level of about 160.

'I'm overwhelmed by the ... giving and warmth'

GoFundMe. Bow Valley rallies behind Banff resident who has made a name for himself in community

In a hospital bed recovering from a serious cycling crash, Crazy Larry Melnik still has plenty to smile about.

Bruised, with a fractured

skull and four-inch gash on his forehead, two black eyes, and road burn on his torso and arms, the well-known and well-loved Banff resident has been overwhelmed by the support he's seen since a cycling accident near the national park's gate on Friday.

"When I fell, I don't remember anything after that," he said. "I remember waking up in ICU. STARS Air Ambulance picked me up and took

me to Foothills."

Over the weekend, Canmore mom Lisa Rosvold set up a GoFundMe campaign to raise money for Melnik, which at press time had collected more than \$17,000 in donations.

"I can't believe it," Melnik said, his eyes welling up with tears. "I am so overwhelmed. I'm overwhelmed by the enormous giving and warmth from the community."

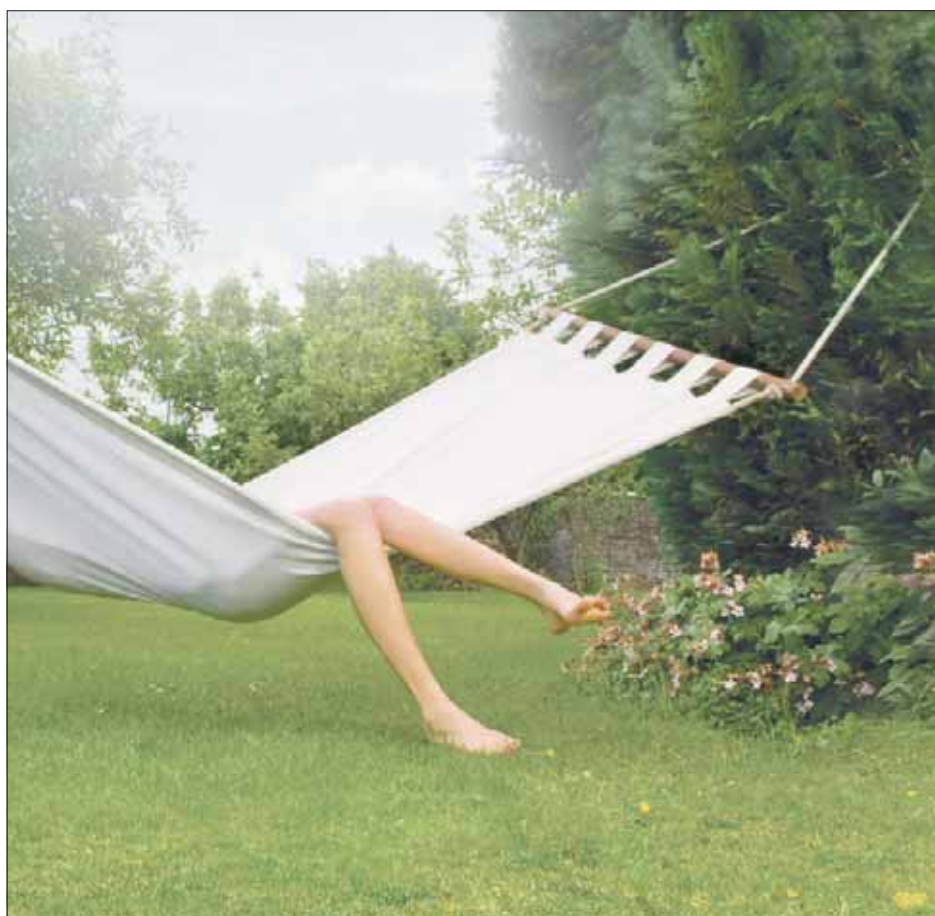
Rosvold had seen through

Melnik's Facebook page that he'd come across hard times and wanted to do something to help. "I thought it would be a good way to show Larry that the community has his back and that we want him to heal properly, so that he can continue to share his enthusiasm and make people smile," Rosvold said. "I was hoping to raise maybe \$5,000 and, in 21 hours, it was just under \$10,000."

JESSICA PATTERSON/FOR METRO



Crazy Larry Melnik smiles and shows off a gift he received while recovering at Foothills Hospital from a serious cycling crash. JESSICA PATTERSON/FOR METRO



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Calgary officers seize dog after child bitten on face

City bylaw officers have seized a Labrador cross believed to have bitten a child, just the latest in a string of violent incidents involving dogs this summer.

This incident occurred Thursday evening in the community of Temple along 67 Street NE. There were no witnesses but officers believe a seven-year-old boy had been chasing the dog around an area home for about 10 minutes before he was bitten on the face.

Quoted

"The child ... did receive a serious bite to the lip, which did result in the lip being glued back together."

Abdul Rafih, operations co-ordinator for city animal and bylaw services

The dog's owner has been charged with one count of bite to a person and two counts of

having unlicensed animals. As is the case in all such incidents, the owner will be required to appear before a judge.

Abdul Rafih, operations co-ordinator for city animal and bylaw services, said the awful incident should serve as a warning to other parents.

"It's imperative that all children are supervised when they are out with the animal," he said. "Never leave children unattended."

JEREMY NOLAIS/METRO

SE Calgary

Teen charged with murder

Police have charged a 16-year-old with the murder of a woman in southeast Calgary, Calgary's 21st homicide of the year.

The woman's body was found Saturday on 14 Avenue SE and her death was deemed suspicious. Staff Sgt. Colin Chisholm said a male teenager was arrested outside the city Sunday, and charged with second-degree murder.

JESSICA PATTERSON/FOR METRO

Kincora fire. Woman hurt, two houses badly damaged

One woman was injured and two houses were left uninhabitable by a fire in a northwest Calgary neighbourhood early Monday morning.

Firefighters responded a house fire in the 100 block of Kincora Drive NW at 4:20 a.m. and found the blaze had spread to a neighbouring home.

"Their garage was lit up like a matchstick," said Nick Lui, who lives next door to

one of the burned houses.

All occupants left the houses on their own, according to the fire department, although one woman went back into her home to retrieve a personal item and was injured by the blaze.

She was examined by Alberta Health Services officials and transported to hospital.

Fire investigators are still looking for the cause of the blaze.

KEN VAN DE WALLE/FOR METRO

Police pledge vigilance after renegade motorists turn streets into racetrack

25 charges laid. Police Insp. Ken Thrower says he is planning a 'multi-faceted approach' for the Barlow Trail area



**JEREMY
NOLAIS**

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Calgary police are pledging to beef up enforcement near the Barlow Trail area — both on the ground and in the air — after witnessing a number of motorists break off from a longtime car-enthusiast gathering in a parking lot and use city streets as a racetrack.

In all, 25 charges related to stunting, speeding and equipment violations were laid on Friday.

Police Insp. Ken Thrower said his team is still working to determine whether the apparent surge of lead-footed

motorists was a “one-off” or part of a larger problem.

"I can tell you we're definitely going to go out there with the Checkstop bus, checking the area and doing the equipment checks out there like we did this weekend," he said Monday.

"We'll definitely have HAWCS (helicopters) out there having a look and maybe some plainclothes officers to get a handle on this."

Thrower said officers witnessed small groups of vehicles break away from a gathering in a northeast parking lot near Barlow Trail.

Generally, dozens of car enthusiasts gather in the parking lot on weekends in the summertime to sip coffee and check out each other's rides.

A Metro reporter attended one of these gatherings in June 2012, then followed a group of a dozen vehicles as they headed to Calgary's eastern outskirts and engaged

in organized racing along an industrial road strip for more than an hour.

Attendees gathered to watch the vehicles, which some said would top out at speeds over 250 km/h.

On Friday, police clocked one vehicle doing a similar speed — 251 km/h — on Stoney Trail, near Glenmore Trail.

"I'm very disappointed.... If you want to go out there and show your car off, hey, I get it." Thrower said.

"But you kind of put a black eye on everybody that has a car, wants to show it and takes good care of it. You've gone out there not minding your life and anybody else's life that's out there by racing and doing that sort of stuff."

Thrower said he believes the vast majority at the car gathering had no intentions of racing, but he's still planning a "multi-faceted approach" in coming weekends.



High-performance cars and their drivers are seen gathered in a northeast Calgary parking lot in this photo, taken in 2012 for a Metro story on street racing. METRO FILE

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Alberta reneges on government salary freeze

Top managers. They're getting a 7% boost

The Alberta government acknowledged Monday that it broke its promise to freeze salaries for top managers and has instead given them seven-per-cent raises.

That will boost salaries for top civil servants to more than \$300,000 a year by 2016.

Government spokeswoman Jessica Jacobs-Mino said while the government promised in 2013 to freeze salaries for three years, things changed this spring when the government struck a deal with the Alberta Union of Provincial Employees.

That deal provides an \$1,850 lump-sum payment and a 6.75 per cent salary increase over three years.

Jacobs-Mino said the government's standard practice

has been to give the same deal to managers as that given to unionized staff.

"We're looking at treating all public servants fairly here," said Jacobs-Mino. "It's crass politics to try to pit one level of public servant against another."

"We value them all."

The union represents rank-and-file employees from prison guards to social workers. It ratified a new contract last month after more than a year of bitter debate with and court action against the province.

Under former premier Alison Redford, the government stripped the union of its right to arbitration and passed a law imposing an austere wage deal to help balance the budget. That law was put on hold by a judge and ultimately rendered moot when a negotiated deal was reached.

THE CANADIAN PRESS



Tornado touches down in Massachusetts

People observe the damage in the back of several houses in Revere, Mass. Monday, after a tornado touched down. Revere Deputy Fire Chief Mike Viviano says the fire department in that coastal city has received dozens of calls reporting partial building and roof collapses, and downed trees and power lines. Viviano says there are no immediate reports of deaths or serious injuries. ELISE AMENDOLA/THE ASSOCIATED PRESS

Virginia

Same-sex marriage ban unconstitutional: Appeals court

Virginia's same-sex marriage ban is unconstitutional, a federal appeals court ruled Monday in a decision that could overturn similar prohibitions in the Carolinas and West Virginia.

The 4th U.S. Circuit Court of Appeals in Richmond is the second federal appellate court to overturn gay marriage bans, after the Denver circuit, and is the first to affect the South, where states' rights have held particular sway for generations.

Gay marriage proponents have won more than 20 legal decisions around the country since the U.S. Supreme Court struck down part of the federal Defence of Marriage Act last year. Most are still under appeal. More than 70 cases have been filed in all 31 states that prohibit same-sex marriage.

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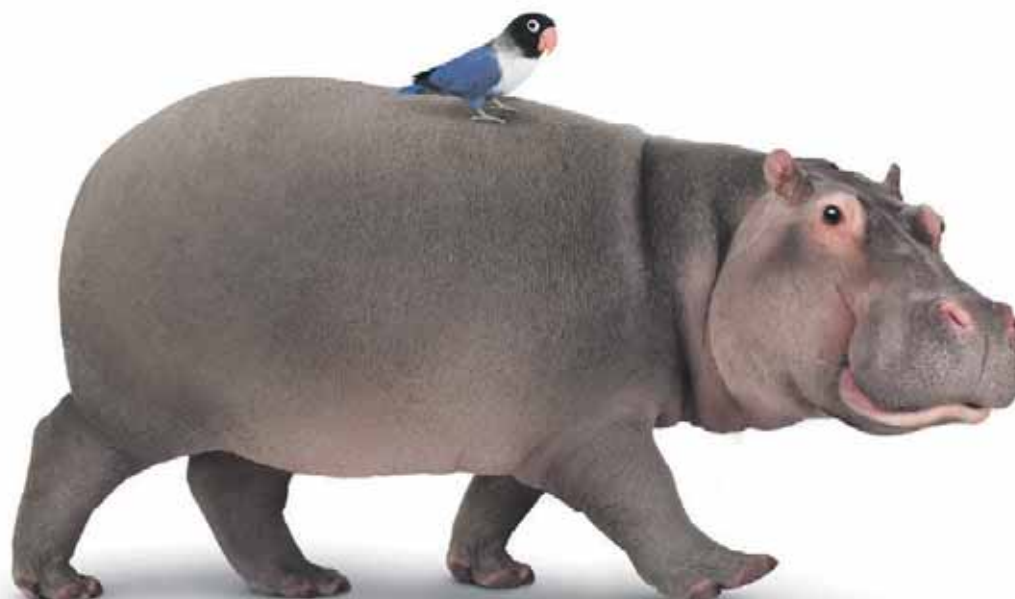


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South Korean teens on doomed ship testify

Chaotic scene. Court hears teens were told to stay, but helped each other escape sinking ship

Students who survived the South Korean ferry disaster testified Monday they were repeatedly ordered by loud-

speaker to stay in the sinking ship but eventually helped each other flee after finding their cabins were flooded.

Six girls spoke at a court session for 15 crew members responsible for the ship's navigation who face charges of negligence and failing to perform their duties to rescue passengers, with four of them facing homicide charges.

The students, from Dan-

Quoted

"We continued to wait but only came outside because the water filled the room so much."

One student's testimony

won High School near Seoul, revealed how chaotic the scene on the ferry was, say-

ing they wore life jackets and were helped by friends to float out and leave flooded rooms. One of them said she saw some schoolmates swept away by the waters.

The April 16 sinking left more than 300 people dead or missing, most of them Danwon students who were travelling to the southern island of Jeju for a school trip.

THE ASSOCIATED PRESS



A survivor student from the sunken ferry Sewol in the water off the southern coast arrives to testify in the trial. THE ASSOCIATED PRESS

Ford Fest. Man who urged people to throw food at Toronto mayor is charged

A Toronto man has been charged after police say an online post urged people to throw food at Mayor Rob Ford during a party in a city park.

Police say they became aware Thursday of an Internet post on a Toronto-based website that referred to the annual Ford Fest event to be held the following day at an east-end park.

It's alleged the author of the post offered free beer to anyone who threw eggs or tomatoes at Ford.

Police say Dilaz Rajwani, 37, turned himself in on Friday afternoon, and is charged with counselling an uncommitted indictable offence.

He is scheduled to appear in court on Sept. 3.

Hundreds of supporters

At a glance

- Rob Ford's role as mayor has been largely symbolic since November, when city council stripped him of most of his power following his admissions of alcohol abuse and drug use during "drunken stupors."

and a handful of protesters showed up for Friday evening's party, where the mayor shook hands, posed for pictures and signed autographs.

Ford spent nearly two months in rehab earlier this year to tackle substance abuse problems.

THE CANADIAN PRESS

Tarnished image

Spain's new king moves to clean up palace's image

Spain's royal palace accounts will be subject to external audits and results made public under a series of measures ordered by new King Felipe VI in an apparent bid to clean up the royal family's tarnished image.

A Palace statement said Monday that the measures include plans for a new code of good conduct, a ban on immediate royal family members working outside the Palace and greater control of gifts received by the royal family.

Felipe, 46, became king last month after his father, Juan Carlos, announced he was stepping down after a four-decade reign to allow younger royal blood to take over.

THE ASSOCIATED PRESS

100th anniversary

Austrian, Serbian diplomats mark war declaration

Austrian and Serbian diplomats marked the 100th anniversary of Austria's declaration of war on Serbia — which ultimately led to the outbreak of World War I — by attending an exhibition Monday that displays the historic document.

The diplomats shook hands next to the declaration, which is on show at Vienna's Leopold Museum, as the two countries marked its publication a century ago.

Austria declared war on Serbia on July 28, 1914, after a month of mounting tensions sparked by the assassinations of Austrian Archduke Franz Ferdinand and his wife, Sophie.

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Live-tweets a force for good in court: Judge

#Courtroom. Nova Scotia judge says letting journalists live-tweet proceedings fosters greater communication and accuracy

A top Nova Scotia judge says he is surprised at the positive

impact live-tweeting inside the courtroom has had after the province's judiciary recently relaxed the rules on Twitter use.

Chief Justice Joseph Kennedy of the Nova Scotia Supreme Court let reporters live-tweet throughout the trial of Lyle Howe, a Halifax lawyer convicted of sexual assault.

"I couldn't get over how well it had worked," Kennedy said in an interview, describing

Tweeting sustained

"I didn't think it was going to be as accurate as it turned out to be. I have to say that I was very impressed."

Chief Justice Joseph Kennedy of the Nova Scotia Supreme Court, on how accurate court reporters were in relaying information as they live-tweeted the Lyle Howe trial

it as the closest thing to gavel-to-gavel coverage he has seen.

New guidelines governing the use of electronic devices

in the courtroom came into effect in Nova Scotia on May 15, allowing communication such as tweeting and texting for

any purpose, unless otherwise banned by the presiding judge.

The policy restricts tweeting from youth, mental-health and family courts and does not affect statutory publication bans.

Kennedy says allowing the use of Twitter is part of the legal system's effort to improve access to justice.

"That's not just a matter of making it easier for people to come before the courts from

the point of view of expense and time and that kind of thing, but also better communication of what we do," he said.

Kennedy said he intends to introduce video broadcasting of criminal court proceedings, though he added he would likely begin with a sentencing hearing to avoid the risk of negatively impacting witnesses. **THE CANADIAN PRESS**

A fist bump a day. Popular greeting spreads fewer germs than handshake

When it comes to preventing the spread of germs, maybe the American president is on to something with his fondness for fist bumps.

The familiar knocking of knuckles spreads only one-twentieth the amount of bacteria that a handshake does, researchers report. That's better than a high-five, which still passes along less than half the amount as a handshake.

So fist bumps — popularized by Barack Obama and others — seem to be the wisest greeting, especially during cold and flu season, said researcher David Whitworth of Aberystwyth University in Wales.

The importance of hand hygiene is nothing new in medicine. However, the researchers realized that while a lot of study focused on hands getting germ from touching doorknobs and other surfaces, only a few studies had looked at handshakes.

"And there are alternatives to handshakes. You see them on telly all the time — the fist bump and high-five and all that," Whitworth said.

Whitworth said he hopes the norm changes.

"In a hospital, you really don't want people to shake hands. It's an unnecessary risk," he said.

THE ASSOCIATED PRESS



U.S. President Barack Obama fist bumps a young boy at the White House in 2011. Scan this photo with your Metro News app to see a gallery of President Obama's iconic and germ-conscious fist bumps. **CHIP SOMODEVILLA/GETTY IMAGES FILE**

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Don Cherry helps honour British home children

Personal connection.

The TV personality's grandfather was one of thousands shipped to Canada to work as indentured farm hands

Television personality Don Cherry lent his support Monday to a ceremony honouring the First World War service of British home children, a group that formed a little-known chapter of Canadian history.

The commemorative ceremony and exhibition, titled *Breaking the Silence: Stories of the British Home Children*, at Black Creek Pioneer Village aims to change the often overlooked contribution and sacrifice to the war effort made by the home children.

About 118,000 British children — one was Cherry's maternal grandfather and war veteran, Richard Palamountain — were shipped to Canada between 1869 and 1948 to work as indentured farm hands and domestic servants.

The abuses many suffered in Canada were horrific. One of them, Arthur Clarkson, who arrived as a nine-year-old, was horse-whipped and made to live in an unheated barn, almost costing him his frost-bitten lower limbs.

"It's really heartbreaking to hear some of the stories. These kids were actually slaves,"



Don Cherry on Monday at the opening of an exhibition in Toronto honouring home children who served overseas in the First World War. Cherry's grandfather was a home child and a veteran. COLIN PERKEL/THE ASSOCIATED PRESS

Cherry said. "They had to sign something for so many years, and most of them didn't know what they were signing."

Almost every one of the home children in Canada at the time — about 10,000 — signed up to serve during the Great War that began 100 years ago, including Cherry's grandfather.

More than 1,000 died in action, most at the bloody battle at Vimy Ridge.

Many had no one to mourn them. Others died without

Commemorating home children

It was only while doing a television show a few years ago that Cherry learned of his link to Richard Palamountain, an orphan sent to Quebec at age 12 after his family in the U.K. fell on hard times, and about the home children phenomenon.

- Palamountain transferred to the Royal Military College as a horse groomer, then enlisted as a 31-year-old during the First World War and served at Vimy Ridge before returning to Canada.

notification to their relatives. "Most people don't know about it. People say, 'What the

heck is that?'" Cherry said. "To tell the truth, I didn't know either." THE CANADIAN PRESS

Alleged fraud. Judge rules former Quebec Lt.-Gov. not entitled to immunity

The fraud trial of former Quebec lieutenant-governor Lise Thibault will continue after a failed attempt at getting it quashed.

A Quebec court judge dismissed two petitions she filed and ruled Monday that Thibault is not entitled to royal immunity.

Thibault, who held the provincial vice-regal post between 1997 and 2007, is on trial after being charged with fraud and breach of trust in connection with more than \$700,000 in alleged improper expenses.

The charges were laid after a joint report filed by former provincial auditor general Renaud Lachance and his federal counterpart at the time, Sheila Fraser.

Thibault's lawyers tried repeatedly to have the case tossed out by arguing that, as the high-level representative of the Crown

in Quebec, she could not be prosecuted by herself.

In his ruling, Judge Carol St-Cyr said that because all the evidence had not been heard during the trial, he could not grant Thibault's request to halt proceedings.

The judge also wrote that, according to constitutional law, the lieutenant-governor does not enjoy the same benefits as the Queen. St-Cyr added that immunity applies only to actions that involve official state functions, not personal ones.

In her other petition, Thibault argued she was not a civil servant and could not therefore be charged with breaching the trust of the federal and Quebec governments.

But the judge concluded that Thibault was indeed a public servant because she was appointed to fill a public position.

THE CANADIAN PRESS



Former Quebec lieutenant-governor Lise Thibault talks to media as she leaves court on Monday in Quebec City. CLEMENT ALLARD/THE CANADIAN PRESS

Former charity worker facing child pornography charges

A former charity worker faces child pornography charges after police allege several online aliases — some of them under female names — were used by a man posing as a teenager in order to lure underage girls.

Toronto police say a man was arrested last Wednesday after members of the sex-crimes child-exploitation section executed a warrant in the city's west end.

It's alleged the victims were contacted via social media, but police did not give details about which sites were involved.

Several different email addresses and names were used, police said. Authorities are warning parents to monitor

Investigation

Police say their investigation began six months ago with a tip from the RCMP about a complaint from the U.S. National Center for Missing and Exploited Children on the alleged activities of the accused.

their children's social-media use and remind them that any friends made online "may not be who they represent themselves to be."

Police say there may be other victims and are asking anyone with information to come forward.

They say the names used online included Abigail Davies, Danica Pines, Maria Moon, Natasha Z, Jim Victory and Ashton Gomes.

James (Jim) Vanderberg, 57, is charged with five counts of making child pornography and one count each of possession of child pornography, accessing and making available child pornography and luring a child under 16.

World Vision Canada said in a statement that Vanderberg worked as a manager of talent relations for the international relief charity from 2006 to 2012, adding that they will be "conducting an internal investigation" in light of the charges.

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Israeli military warns Hamas: 'What is coming will be worse'

Gaza crisis. Israeli PM says his country needs to be 'ready for a prolonged campaign' as attacks from both sides mount

Israel's prime minister warned Monday that the country faced a prolonged campaign against Hamas in the Gaza Strip, as the military urged residents in parts of the embattled territory to evacuate ahead of what appeared to be a broadening of the three-week war.

"What is coming will be worse," the Israeli military said in phone messages targeting Gaza militants.

Israeli leaders have been mulling whether to expand



Relatives help Hazem Eshbair, who lost two of his children in an explosion at a park at Shati refugee camp in the northern Gaza Strip on Monday. Israeli and Palestinian authorities traded blame over the attack that also claimed eight others, and fighting raged on despite a major Muslim holiday. ADEL HANA/THE ASSOCIATED PRESS

the assault against Hamas in Gaza or respond to international calls for a truce.

The international community has so far been unable to bring about a ceasefire

that would end the fighting, which has already killed at least 1,072 Palestinians, 52

Quoted

"God help us. We have nothing to do but pray."

Jabaliya resident Sufian Abed Rabo, who said his family of 17 has taken refuge underneath the stairway in the building of their home, which they rebuilt after it sustained damage during the 2009 war in Gaza

Israeli soldiers and two Israeli civilians as well as a Thai citizen working in Israel.

But with attacks mounting from both sides Monday, and Israel and Hamas far apart on terms for a truce, a ceasefire appeared elusive.

"We need to be ready for a prolonged campaign," Israeli Prime Minister Benjamin Netanyahu said. "We will continue to act aggressively and responsibly until the mission is completed to protect our citizens, soldiers and children."

Hamas spokesman Sami

Abu Zuhri struck a defiant tone in response to Netanyahu's warnings.

"His threats do not scare Hamas or the Palestinian people, and the occupation will pay the price for the massacres against civilians and children," he said.

Israel said it sent text messages and phoned residents of northern Gaza — including Shijaiyah, the site of one of the war's bloodiest battles last week — urging them to flee their homes and move toward Gaza City.

THE ASSOCIATED PRESS

Finance memo warns of Bitcoin's illicit potential

The high level of anonymity and lack of regulation associated with Bitcoin transactions may make the virtual currency "an attractive payment method for criminals," warns a newly disclosed Finance Department memo.

The internal memo, prepared for former finance minister Jim Flaherty, says while the degree of criminal activity involving Bitcoin is unclear,

some have raised flags about its potential to fund illicit behaviour.

Bitcoin is a digital currency exchanged through computer transactions without the oversight of a central bank.

Users can install a Bitcoin wallet on their computer or mobile phone, which will generate a special address to which others can send payments.

"With the press of a com-

puter button, you've transferred the value," said Christine Duhaime, a lawyer and certified financial-crime and anti-money-laundering specialist.

Transactions are sent to a public network for verification. As the memo to Flaherty notes, although both parties' Bitcoin and Internet Protocol, or IP, addresses are transmitted to the public network, no additional

information is provided about either user.

Various Bitcoin exchange services allow users to convert local currency into bitcoins, or vice versa.

"Virtual currencies such as Bitcoin have been criticized for their potential to fund illicit activity, such as money laundering and terrorist financing," the memo to Flaherty says.

THE CANADIAN PRESS

China

Police take down church's cross amid crackdown

Hundreds of police took down a church's cross on Monday in a city known as "China's Jerusalem" for its many houses of worship amid a crackdown on church buildings.

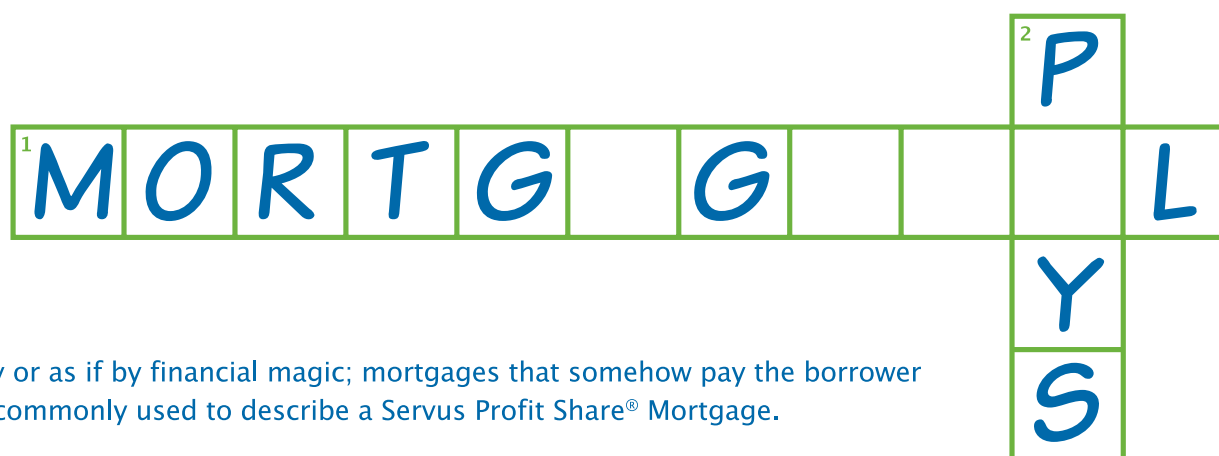
THE ASSOCIATED PRESS

Pakistan

Ahmadi homes burned down over Facebook posts

A Pakistani mob burned down homes belonging to the minority Ahmadi sect, killing a woman and her two granddaughters in riots following rumours about blasphemous postings on Facebook.

THE ASSOCIATED PRESS



Answer on page 17.

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Vacation destination? North Korea touts port city Wonsan as tourism hot spot

Where do you go in North Korea if you're in the mood for a barbecue by the beach, maybe some pier-side fishing or a dip in the ocean?

For many North Korean vacationers, that place has long been the sleepy port city of Wonsan, which is now the focus of one of North Korean leader Kim Jong Un's most talked-about pet projects — a campaign to transform the country into a haven for tourism.

That may seem far-fetched, since international sanctions over North Korea's nuclear weapons program have severely limited trade, and infrastructure and security restrictions make travel in the country difficult. For now, most beachgoers in Wonsan are locals: honeymooners, families with small children or college students taking a

break from their studies.

But North Korea is targeting places like Wonsan for development projects — its new luxury ski resort at Masik Pass is just a short drive away — by creating special tourism zones across the country to accommodate foreign guests.

If that plan succeeds, Wonsan could see busier days.

With the summer season just beginning, Chinese tourists — who because of their country's generally friendly relations are the main target of North Korea's campaign — are already starting to flow in.

And although Japanese tourism is still probably a long way off, relations with Japan — once a major source of trade and tourism via a ferry link with Wonsan — have also recently started to improve. **THE ASSOCIATED PRESS**



North Korean women talk over pots of burning charcoal, used for cooking seafood, on a pier leading to Jangdok Island at dusk on Monday.

WONG MAYE-E/THE ASSOCIATED PRESS

Bank of Canada recognizes mountainous \$10 bill error

Mount Edith Cavell.

One of the peaks misidentified by the bank's website

The Bank of Canada is making a molehill out of a mountain.

The central bank had claimed that its new plastic \$10 bank notes included an image of majestic Mount Edith Cavell, a prominent peak in the Canadian Rockies south of Jasper, Alta.

But a sharp-eyed professor in Toronto, who had hiked the mountain with his family, thought something was amiss when the image matched neither his memory nor his photos.

Hitesh Doshi contacted the Bank of Canada by email last November, shortly after the new \$10 notes were released, to say something was amiss. He kept getting the runaround until last week.



Ryerson University professor Hitesh Doshi poses with a \$10 Canadian bank note in Mississauga, Ont., on Monday. Doshi discovered an error in a mountain that adorns one of Canada's new plastic bank notes. **NATHAN DENETTE/THE CANADIAN PRESS**

That's when the central bank quietly changed its website, removing Mount Edith Cavell and several other peaks from its official description of the back of the \$10 bank note, replacing them with some other peaks.

It also sent Doshi a short email, finally acknowledging the error.

"One of the memorable things for me in Alberta was visiting (Mount) Edith Cavell," he said of a visit with his family.

But when he later examined the \$10 bank note, "the peak was not there," said Doshi, a professor of architecture at Ryerson University and a new Canadian. "That's where the whole thing started." **THE CANADIAN PRESS**

Sarah Palin launches online channel

Sarah Palin has started her own subscription-based online network.

The Sarah Palin Channel, which went live on Sunday, bills itself as a "direct connection" between the former Alaska governor and GOP vice-presidential candidate and

her supporters, with "no need to please the powers-that-be," Palin says in a video mission statement on her channel's home page.

"Are you tired of the media filters?" she asks. "Well, I am. I always have been. So we're gonna do something about

it.... We'll talk about the issues that the mainstream media won't talk about."

Palin says she oversees all content posted to the channel. This will include her own political commentary.

Other features for subscribers include the ability to

submit questions to Palin and participate with her in online video chats.

Membership is set at \$9.95 per month or \$99.95 for a year.

Palin remains active elsewhere as a Fox News Channel contributor and reality-TV personality. **THE ASSOCIATED PRESS**

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Answer on page 17.

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Flight 17 site still unreachable for investigators as fighting rages

Ukraine. Monitoring team 'sick and tired of being interrupted by gunfights'

Heavy fighting persisted Monday around the Malaysia Airlines debris field, once again preventing an international police team charged with securing the site from even getting there.

Government troops have stepped up their push to win back territory from pro-Russian separatists in fighting that the United Nations said Monday has killed more than 1,100 people in four months.

The international delegation of Australian and Dutch police and forensic experts stopped Monday in Shakhtarsk, a town around 30 kilometres from the fields where the Boeing 777 was brought

down.

Sounds of regular shelling could be heard from Shakhtarsk, and residents were seen fleeing town in cars. Associated Press reporters saw a highrise apartment block in Shakhtarsk being hit by at least two rounds of artillery.

The mandate of the police team is to secure the currently rebel-controlled area so that comprehensive investigations can begin and any remaining bodies can be recovered.

The second cancelled visit over two days has strained tempers among the observation team.

"There is a job to be done," said Alexander Hug, the deputy head of a monitoring team from the Organization for Security and Co-operation in Europe. "We are sick and tired of being interrupted by gunfights, despite the fact that we have agreed that there should be a ceasefire." **THE ASSOCIATED PRESS**



Self-proclaimed Donetsk People's Republic policemen guard a convoy of international forensic experts, Dutch and Australian policemen and members of the Organization for Security and Co-operation in Europe mission in Ukraine as it approached Shakhtarsk, eastern Ukraine, on Monday. DMITRY LOVETSKY/THE ASSOCIATED PRESS

OSCE

Border observation to begin

As allegations persist that Russia is supplying weapons to the rebels and allowing Russian fighters to cross into Ukraine, the Organization for Security and Co-operation in Europe said it plans to begin deploying a border-observation mission on the Russian side on Tuesday. The mission is to be deployed at two checkpoints, but it is unclear if they will be able to assess whether the border is being crossed at areas without checkpoints.

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Arctic groups at odds with energy board over testing

Environment. Baffin Island community pushing for strategic environmental impact assessments prior to any seismic testing

A tiny community on Canada's Arctic coast is trying to overturn a regulatory decision that approved offshore energy exploration.

On Monday, the hamlet of Clyde River along the east coast of Baffin Island filed documents in federal court asking for a judicial review of a National Energy Board decision that approved seismic testing in waters near the community.

"What the people are fear-

ing is that the ecology and the mammals in the sea are going to be affected negatively and that in turn will affect our hunter-gatherer society, our culture that we live here," said Jerry Natanine, mayor of Clyde River.

In June, the energy board approved a Norwegian consortium's proposal for a five-year program of seismic tests in a huge section of the Davis Strait that extends down the length of Baffin Island. The testing, which uses loud, high-intensity sounds to map the sea floor and the geology underneath, is to begin next summer.

The consortium's application was strongly opposed by a wide variety of Inuit groups.

The Baffin Mayors Forum, composed of all the communities on Baffin Island, joined

with Clyde River. Both regional and territorial Inuit groups, along with the Nunavut Marine Council, which represents the territory's wildlife management bodies, are strongly opposed to any seismic tests.

"Everyone in this region is concerned about it," said Natanine. "If the marine mammals are affected, it's going to affect other communities and other people."

Natanine said people want the project stopped until a strategic environmental assessment is complete to determine which areas should be open to development and which should remain closed.

"People in our community are not against development, they just want to do it in a sustainable way," Natanine said.

THE CANADIAN PRESS



Decals promote awareness

This photo provided by the Frederick County, Md., Health Department shows car decals that warn against leaving children alone in cars. The Alliance of Automobile Manufacturers is distributing free decals through public agencies, schools and daycare centres. THE ASSOCIATED PRESS

Elliot Lake mall

Engineer loses redaction bid

A discredited former engineer has lost his bid to keep parts of a report into the deadly collapse of a northern Ontario mall secret until after his criminal trial.

The commissioner who presided over the Elliot Lake mall collapse inquiry dismissed Robert Wood's application Monday, writing that the open court principle is particularly important for public inquiries.

"Such a redaction order would prevent the publication of a possibly important and integral part of the report, which the public and community of Elliot Lake have been waiting for for over two years," wrote Commissioner Paul Belanger.

Wood's lawyer, Rob MacRae, suggested an attempt to get the courts to overturn the ruling was unlikely.

"It's a well-reasoned decision," MacRae said. "I have no instructions to appeal it." THE CANADIAN PRESS

Answers

Wordsearch Answer

U S M P L Y F B U P R A **F A B U L O U S** U
P R O F I T S H A R E N G L I B G S M R N
R Q B O A N U H E A S E M O A Q U V E L I
T C A **M O R T G A G A B U L O U S** Z V F Q
B F O E I D A H A U W S T M B P O F R I U
Q O E I D A H A U W A F S **M O R T G A G E**

Crossword Answer

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2 P
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Poll. Medical costs top worry as Canadians age

A new poll suggests that health and medical costs are the biggest financial worry for Canadians later in life.

A Bank of Montreal report, titled Living to 100: The Four Keys to Longevity, found that 74 per cent of those recently polled foresee medical costs as their biggest expense in their senior years.

On average, those polled expect to spend \$5,391 in out-of-pocket medical expenses every year after the age of 65.

About 30 per cent believe they'll be paying between \$1,000 to \$5,000 in annual medical costs, 21 per cent say they have no guess, 20 per cent expect to spend under \$1,000 and 16 per cent say they expect to spend between \$5,000 to \$10,000.

Six per cent anticipate paying between \$10,000 to \$15,000, while three per cent expect to pay between \$15,000 to \$20,000 or \$20,000 or more.

Following medical costs, the majority (57 per cent) of those polled in the report say their second-biggest expense will be food, clothing and other day-to-day essentials, followed by housing (56 per

Costs for 65+ set

\$5,391

On average, those polled expect to spend \$5,391 in out-of-pocket medical expenses every year after the age of 65.

cent), long-term care (38 per cent), travel (28 per cent), entertainment and hobbies (19 per cent), debt payments (15 per cent) and supporting adult children and grandchildren (13 per cent).

Chris Buttigieg, senior manager of wealth planning strategy at BMO Financial Group, said these are credible worries because Canadians are living longer than they ever did before.

"As Canadians' longevity continues to improve, they should account for the health and financial issues that come with the possibility of living a longer life."

The survey found that a quarter of those polled admit to not having a financial plan for retirement, something that is key to financial stability in old age, said Buttigieg.

"The need for financial security becomes more apparent as we age," said the report.

"When regular employment income is no longer part of the equation, the wealth accumulated during your working years may help to fill the gaps. Uncertainty about future health-care costs and the Canada Pension Plan (CPP) has forced us to become more resourceful and to seek out other long-term solutions."

THE CANADIAN PRESS

Expired meat scandal

U.S. meat supplier says China unit fell short of standards

U.S. meat supplier OSI Group said Monday a Chinese subsidiary embroiled in a safety scandal fell short of its requirements for maintaining high standards.

A Shanghai TV station reported last week that Shanghai Hushi Food Co. sold expired beef and chicken to restaurants including McDonald's and KFC.

THE ASSOCIATED PRESS

Stacked food = fancy?

Red Lobster wants you to see their seafood differently

Red Lobster wants to be seen as a purveyor of quality seafood, so it's getting rid of some of its promotional discounts and stacking the food higher on plates, as is the style at fancier restaurants.

The changes mark the latest attempt by the struggling seafood chain to stop a years-long sales decline as it embarks on a new era.

THE ASSOCIATED PRESS

Market Minute



DOLLAR
92.59¢
(+0.12¢)

TSX
15,445.22 (-9.82)

OIL
\$101.67 US (-\$0.42)

GOLD
\$1,303.30 US (unchanged)

Natural gas: \$3.75 US (-\$0.01)
Dow Jones: 16,982.59 (+22.02)



Long lines and big crowds pack Yorkdale Mall in Toronto for Boxing Day shopping in 2012. Malls in big cities across the country are full, with high-end brands continuing to fuel growth, according to CBRE Group research. TORSTAR NEWS SERVICE FILE

Luxury brands still flocking to Canada

Trend. High-end retailers continue to look north, as major malls keep expanding to meet demand

While big-box retailers like Target have struggled to get a foothold in Canadian markets, demand for luxury retailers is strong and fuelling massive expansion projects at shopping malls across the country.

According to research by commercial real-estate company CBRE Group, more luxury retailers are predicted to arrive in Canada, albeit at a more moderate pace compared to the flurry of activity seen in the last three years.

The aftermath of the 2008 financial crisis and recession spurred a boom in retail development, with foreign retailers, primarily American ones, turning their sights to Canada, and construction hasn't kept up with demand.

The top 2%

While stagnant wages, inflation and consumer debt have kept many shoppers just browsing, the appetite of well-heeled shoppers for luxury goods has been healthier.

- "If you're a luxury retailer, you don't care if sales have been growing by one per cent, you're only interested in the top two per cent of the population, and that group's doing fairly well, by and large," says CBRE's Ross Moore.

There is little to no vacancy in highly sought-after shopping centres and neighbourhoods, according to CBRE's head researcher Ross Moore.

"We just don't have empty retail to speak of. (Across the country) malls are generally full. If you're a Spanish or Italian or U.S. retailer, you are go-

ing to be put off by that. Supply is the key. Until we build more, that's going to be a challenge."

The study, which measured the number and type of retailers that set up shop in 2013, found that luxury and high-end fashion brands constitute the majority of new arrivals in Canada.

In the cities, where most of Canada's top income earners reside, construction cranes are busy piecing together the new extensions. In Vancouver, the Pacific and Oakridge Centres are getting bigger, adding 578,000 square feet and 373,000 square feet respectively. Calgary's Chinook Centre is expanding (140,000 square feet) as well as Ottawa's Rideau Centre (230,000 square feet).

In Toronto, top-tier malls Yorkdale and Sherway Gardens are simultaneously undergoing multimillion-dollar expansions to accommodate a new anchor tenant, the upscale U.S. department store Nordstrom. THE CANADIAN PRESS

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BETA WEDDING BANDS, ANYONE?

For those of us in our twenties and thirties, midsummer is the height of wedding season. Even if you haven't been invited to a real-life ceremony, it's impossible to escape the deluge of posed group photos and cutesy couple hashtags that take over Facebook and Instagram feeds every weekend.

Weddings might seem to be ubiquitous on social media, but a new U.S. survey suggests our generation isn't entirely keen on the idea of "till death do you part". Trend researchers recently polled 1,000 Millennials — defined as 18- to 34-year-olds — about their attitudes toward marriage and found that over 40 per cent believe vowing to stay together forever is an outdated tradition that should be abolished.

In the same study, participants were asked about their opinions on a few alternative marital models — because if so many of us think it's time to retire the "for as long as



SHE SAYS
Jessica Napier
metronews.ca

you both shall live" concept, perhaps we need to start making our own rules.

When asked about a variety of hypothetical arrangements, 21 per cent of respondents said they would consider what the researchers dubbed the "Presidential" approach, in which couples would vow to marry for a four-year term and then opt to either stay together or re-elect a new partner. Ten per cent of respondents liked the idea of a "Multiple Partner" model, while 36 per cent of people favoured the "Real Estate" approach — wherein marriage licences would be valid for five-, seven-, 10- or 30-year periods, after which the terms would be renegotiated.

The most popular model offered by the researchers was the tech-inspired "Beta" union, in which marriages would be subject to a trial period, much like a new app or software product. In this scenario, newlyweds would test-run the union for two years in order to

work out any kinks or bugs and then choose to proceed with the marriage or dissolve the partnership without any of the nasty consequences of a formal divorce.

Personally I think the concept of beta testing a marriage sounds a lot like living together. Common-law relationships tend to look and feel like a marriage but without the rings, the ceremonial paperwork and the expensive party.

So what can we take from the results of this study?

Are Millennials a generation of unromantic commitment-phobics, or are we justified in reimagining matrimony for the modern age? Monogamous lifelong marriages aren't for everyone, but that doesn't necessarily mean we should reinvent the entire cultural institution. Renewing your vows to solidify your commitment to one another is a romantic gesture, but I certainly don't think anyone would appreciate having to renew their marriage every five years like they would a driver's licence.

Every partnership is unique, and when it comes to governing your relationship it's up to you and your partner to create your own rules.

EID MUBARAK



People ride on bumper cars during an Eid celebration in Burgess Park on Monday in London, England. The Muslim holiday Eid marks the end of 30 days of dawn-to-sunset fasting during the holy month of Ramadan. For a photo gallery of Eid celebrations around the world, scan this image with your Metro News app.

DAN KITWOOD/GETTY IMAGES

Fast turns to feast for Muslims around the world, though wars cloud celebrations

Muslims celebrated the first day of the Eid al-Fitr holiday Monday, which marks the end of the monthlong fast of Ramadan. The three-day-long Eid al-Fitr holiday is a time to celebrate the completion of Ramadan, a month devoted to worship and repentance during which observing Muslims abstain from food and water

from sunrise to sunset every day.

Muslims in Indonesia, across the Middle East, parts of Africa, Europe and the U.S. marked Eid on Monday. Millions in Morocco, India and most of Pakistan were still fasting Monday and will likely celebrate Eid on Tuesday. That's because Muslims use a lunar calendar and a moon-sighting methodology that can lead to the month of fasting ending on different days.

Turkish President Abdullah Gul reminded people in his Eid message that though Turkey was enjoying a peaceful holiday, many of its neighbours were not. **THE ASSOCIATED PRESS**

Celebrations and sadness

"We just can't ignore that there are many, many people, not just in Palestine, that simply just can't even have a proper day to rest and mourn their dead."

Iman Eddbali, 26, a Muslim in Qatar, who said that the imam leading prayers in her local mosque urged worshippers to be happy for those who cannot be happy this year

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MetroTube

Get inside before you start seeing sharks



ANDREW FIFIELD
andrew.fifield@metronews.ca

Watching skies become smeared with spooky clouds, bracing for a wall of rainfall racing toward you, breaking the oppressive humidity of scorching summer days — there's a lot to be said for taking a moment to enjoy some spectacular weather.

There needs to be some common sense involved, though. For example, if the plastic bags dancing on the breeze are replaced by barbecues, it's time to head inside. The same holds true if the sky sends an explosive bolt of lightning into your neighbourhood — wise advice that would have sent this Tennessee tornado-taper back to the house about 30 seconds earlier. (youtube.com/cfields33)



METRO PHOTO ILLUSTRATION

You Reddit right: Fans get Q&A with Seinfeld

You ask, he answers.

As he promotes his new show, comedian takes to the web to answer fan questions

LISA WEIDENFELD
Metro World News in New York

Jerry Seinfeld returned to the hallowed halls of Reddit to do another Ask Me Anything after doing one last January. He's promoting his new show, *Single Shots*, which is a spinoff of his current Comedians in Cars Getting Coffee. After assuring one Redditor that "conversations are taking place" regarding getting Seinfeld to Netflix, he got down to the important stuff. Here are some of the more non sequitur highlights. There were a lot of food questions.

I noticed you are left-handed, but in *The Understudy* episode you threw with your right hand. Ambidextrous?
I am ambidextrous! Good observation.

In *Seinfeld*, I've noticed the hat behind your computer randomly switches from Mets to Yankees. I know you are a huge Mets fan so I've always wondered the reason for this.
Because Larry David was a Yankees fan, so we kind of would go back & forth.

What is your most memorable scene from *Seinfeld* that had to be re-shot the most



Jerry Seinfeld won't eat cereal with you, in case you wondered. GETTY IMAGES

because everybody kept laughing?

When Frank Costanza, George's father, said to Elaine "Do you want a piece of me?" when he thought that she wanted to have a fistfight. That one, we had to do over and over because nobody could stop laughing. Every time Jerry

Stiller would say "Do you want a piece of me?" we had to stop. **I recently realized that if we don't have milk in our fridge in the morning, on a scale of one to 10, my day only has the potential of reaching a six. What's that one thing for you that curbs how well your day can go?**

AUGMENTED REALITY

→ Mmmm, donuts! Scan this photo with your Metro News app to see a video of Jerry Seinfeld, Tina Fey, Brian Regan, and Sarah Silverman chat about this king of snacks.



→ See the full instructions on Metro's Voices page.

The quality of the coffee. I didn't really used to drink coffee in the '90s, whenever we would sit in the coffee shop on the show I wouldn't drink coffee, they would put coffee in the cup so it looked like I was drinking it, but I wouldn't drink it. I don't know what changed. But I got into it, in the '90s and I finally figured out why everybody was interested in it, and then I became obsessed with it. There's just — as Duke Ellington famously said — "there's only two kinds of music, good and bad," and it's the same with coffee.

Two of my dreams are to be accosted by Larry David on the street and to eat cereal with you. Which is more likely to happen?

Neither, I think your life will go on as it's been and you will never reach these peaks. My Reddit associate suggests I throw you a bone. I think there's a possibility of that happening. If I had a bone, and I saw you, I would throw it at you.

DVD review



The Other Woman

Director. Nick Cassavetes

Stars. Cameron Diaz, Leslie Mann, Nikolaj Coster-Waldau

The main actors — Cameron Diaz, Leslie Mann and Kate Upton on one side, *Game of Thrones*' Nikolaj Coster-Waldau on the other — all figure they're making a big studio romantic comedy. Director Nick Cassavetes isn't so sure. One moment he's indeed making that studio rom-com, hitting beats with yuks about public drunkenness, projectile bodily fluids, inconvenient pet pooches and smartass secretaries. The next he's drifting along with a serious drama about infidelity that's more in line with the indie film world that Cassavetes (*The Notebook*, *She's So Lovely*) hails from. Gawking at this mess does make for an interesting sit, though, much like watching a slow-motion train wreck. And the pairing of Diaz and Mann, both great comic actresses, suggests the two could really click in a better movie written to properly showcase their talents. *The Other Woman* raises serious issues of how men treat women, and how women react to infidelity that the more serious side of Cassavetes might have profitably explored.

PETER HOWELL

A group of four people (three women and one man) smiling and posing together.

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OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Cara De-loving? Bieber not a-Justin well to Gomez's galpal



NED EHRBAR
Metro in Hollywood

Justin Bieber is apparently none too thrilled that on-again, off-again girlfriend Selena Gomez appears to be total BFFs with model Cara Delevingne, according to the Sun. "Justin has called Cara on more than one occasion, wanting to know what's going on. It's been clear that he's had a drink beforehand, too." I can understand Bieber's con-



cern. Delevingne, you see, was most recently dating actress Michelle Rodriguez, and while the same source accusing Bieber of drunken, paranoid phone calls claims the relationship between

Delevingne and Gomez is clearly platonic, Gomez did date Bieber for a long time. And anyone who's seen the website Lesbians Who Look Like Justin Bieber knows where I'm going with this.



Ashton Kutcher and Mila Kunis ALL PHOTOS GETTY IMAGES

That '70s wedding: Cast of show to play big part in Kunis-Kutcher nuptials

Fans waiting to see Ashton Kutcher and Mila Kunis walk down the aisle are going to have to sit tight for another 12 months, as the engaged expectant parents are reportedly looking at a July 2015 wedding date, according to Radar Online. "The wedding will be next July. They want to focus on their daughter first and having it next sum-

mer seems logical," a source says. "They won't have a big production but it will be elaborate. The wedding party will consist of the cast of That '70s Show as they are all very close. They still hang out with the original cast all the time. Most likely Danny Masterson will be the best man because him and Ashton are like brothers."

Did pop's reigning duo ditch West's wedding to stay cool?



Jay-Z and Beyoncé

New details are leaking out as to why Jay-Z and Beyoncé sat out pal Kanye West's recent wedding: Apparently they were too good for it. "Beyoncé wasn't going to allow (West's new bride) to socially climb her. They are guarding like hell their status," a source tells Page Six. "Jay didn't want Kanye with (the bride). He thinks it's bad for business. I think Jay lost a little respect for Kanye there." Advantage: Jay and Beyoncé.

What you don't know can hurt you

Skin cancer. Here is everything you don't know (but should!) about sun safety

MEREDITH ENGEL
life@metronews.ca

You know to apply (and re-apply) sunscreen.

But what you don't know about sun protection could mean the difference between a summer on the beach and one on the operating table.

We asked experts to fill us in on the beyond-basic skin rules you need to know for protecting yourself this summer.

You need sunscreen every single ... day.

Yes, even when it's cloudy, raining, sleeting; you get the idea. The sun beams out UVA and UVB rays. The latter are the sun's most damaging rays during the summer months, in the middle of the day, says Dr. Neal Shultz, a New York City dermatologist. But it's the UVA rays that are "more plentiful and present all year long, and at all times of the day, and much more important in causing premature aging and causing skin cancer," he says.

Put your sunscreen on as the first layer of products you apply to your face. That means it goes under your makeup, ladies.

You're sweating off your sunscreen more than you think

You want to reapply after you go for a dip and after you get sweaty. But even if you're just lounging around, you still need to reapply every two to three hours "because there's something called insensible perspiration, which invisibly washes away the sunscreen,"



Applying sunscreen isn't enough when it comes to sun safety. ISOCK

says Shultz. This is when your body doesn't realize it's sweating "because [the sweat's] evaporating before it collects on your skin." It's a necessary part of your skin's breathing process, but it makes the sunscreen you've got on obsolete.

You don't need SPF 100

You might think you're doing

your body some extra good, but even a 15 provides almost 90 per cent coverage from the sun's rays (an SPF 30 provides more than 95 per cent coverage). But don't get too cosy, regardless of the number:

"Whether the SPF is 15, 30 or 100, it needs to be reapplied with the same frequency," Shultz says.

Boozing? You're

more likely to burn

Nothing beats laying poolside with a cocktail, but when you're drinking, your skin is way more vulnerable to the sun. That's because alcohol dilates your blood vessels, meaning there's more red in your skin, and "the pinker the skin, the closer the blood cells are to the surface — and therefore, they absorb more damaging UV," Shultz says.

You can get skin cancer in spots that aren't exposed to

the sun

Even if you're not sunbathing in the nude, you can still get skin cancer in your groin and anus (apologies for the visual). Other weird places you can get it? Your mucus membranes, like inside your nose and mouth. Have a dentist check inside your mouth for splotches, recommends Dr. Sapna Patel, assistant professor of melanoma medical oncology at the University of Texas MD Anderson Cancer Center.

3
LIFE



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Score duck — and creativity points



This recipe serves four. THERESA ALBERT

Herb-Marinated Duck Breast with Orange Reduction. An easy trick will help to get rid of some of its fat, making duck a unique choice

Duck has an unearned bad name for being difficult and fatty. However, making shallow cuts in the duck breast — called scoring — helps it to release the fat during cooking.

It is the only trick you need to know. That's because this wee secret means you have another weeknight meat to serve.

1. Make shallow slices through skin of duck breast. Mix all marinade ingredients together and let marinate overnight, in a bowl covered with plastic wrap in the fridge.

2. Bring honey to boil and add

Ingredients

Marinade

- 2 duck breasts (6-8 oz each)
- 2 sprigs fresh thyme, finely chopped
- 6 basil leaves, finely chopped
- 2 sprigs parsley, finely chopped
- 1 sprig rosemary, finely chopped
- 2 garlic cloves, minced
- Olive oil
- Salt/pepper to taste

Orange Reduction

- 1 cup honey
- 3 navel oranges (cut into quarters with skin on)
- 1 onion, peeled and diced
- 1 cup orange juice
- 1 bay leaf
- 10 peppercorns

rest of ingredients. Mix and let cook over medium-low heat for 30 minutes. Strain.

3. Heat oven to 400 F. Add oil to pan and place duck breasts in skin side down. Let sear for

AUGMENTED REALITY

→ What the duck? Scan this photo using your Metro News app to follow along as Theresa Albert learns more about duck meat and how these birds are raised!



→ See the full instructions on Metro's Voices page.

2-3 minutes or until golden brown. Flip and place into a 400 F oven for 9 minutes. Remove from oven and let stand for 2 minutes to let the juices flow evenly throughout the breasts. Slice thinly into strips and drizzle with honey glaze. THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MY-FRIENDINFOOD.COM/ RECIPE COURTESY OF STE. ANNE'S SPA IN GRAFTON, ONT.

Health Solutions

This fowl has a foul rap

Duck breast can offer variety to any restaurant menu or kitchen table.

The misperception that duck is a higher calorie meat than, say, chicken, is way overblown, says Chef Christo-

pher Mark at Ste. Anne's Spa in Grafton, Ont. It is fattier but the fat renders easily and can be skimmed off before serving, thereby making them almost the same. The richness of duck's flavour means that you can serve less and feel just as satisfied.

Roasting a whole duck is just as easy as roasting a

chicken. The only trick is to score the skin to let the fat drip out. Be sure to line your roasting pan and catch the drips. Don't be tempted to add liquid to the pan to make a jus, it will sputter and spatter something awful.

Serve something sweet on the side since duck pairs well with fruit. THERESA ALBERT

MLB

Blue Jays blast off in Fenway opener

Melky Cabrera homered from both sides of the plate and drove in five runs, R.A. Dickey pitched three-hit ball for seven innings and the Toronto Blue Jays romped past the Boston Red Sox 14-1 on Monday night.

The Blue Jays won for the sixth time in seven games, while the Red Sox lost one day after stopping a five-game slide that began in Toronto with three losses.

Cabrera homered into Boston's bullpen in right field after Jose Reyes led off the game with a walk. Cabrera made it 9-0 in a nine-run sixth with a three-run homer to left field, his 14th of the season.

Earlier Monday evening, Toronto acquired infielder Danny Valencia — who's hitting .333 against left-handed pitchers in his career — from the Kansas City Royals on Monday in exchange for right-handed pitcher Liam Hendriks and catcher Erik Kratz.

THE ASSOCIATED PRESS

MLB

Darvish douses Yankees in Texas

Yu Darvish struck out eight in seven innings for his 10th victory and J.P. Arencibia had a tiebreaking two-run single for the Texas Rangers in a 4-2 victory over the New York Yankees on Monday night.

Darvish (10-6) shouted out and pumped his fist after his final strikeout, when Brian McCann swung and missed to end the seventh with two runners on base.

THE ASSOCIATED PRESS



Frizell lays down the hammer for gold and Games record

Sultana Frizell of Perth, Ont., broke the Commonwealth Games hammer-throw record three times en route to winning the gold medal on Monday. The 29-year-old's best throw of 71.97 metres claimed Canada's first track-and-field medal in the Glasgow, Scotland-hosted Games. Scan the image with the Metro News app for more on Monday's events, including the men's 100 metres. IAN WALTON/GETTY IMAGES

Donald Sterling loses bid to block Clips sale

NBA. Judge allows \$2B team sale to ex-Microsoft CEO

A judge ruled against Los Angeles Clippers owner Donald Sterling on Monday in his attempt to block the \$2-billion sale of the team to former Microsoft CEO Steve Ballmer.

In the tentative ruling, Superior Court Judge Michael Levanas sided with Sterling's estranged wife Shelly Sterling, who burst into tears when the ruling was announced.

"I can't believe it's over. I feel good," she said.

Focus of trial

The non-jury trial held over several weeks focused mainly on whether Shelly Sterling properly removed her husband as a trustee and whether her actions carried any weight after he revoked the trust.



Shelly Sterling following Monday's ruling. GETTY IMAGES

Shelly Sterling negotiated the sale of the team after the 80-year-old billionaire was banned by the NBA for making offensive remarks about black people.

She sought approval from a probate judge for the deal

she struck after removing her husband from the trust that owned the team when doctors found he had signs of Alzheimer's disease and couldn't manage his affairs.

Donald Sterling claimed his wife deceived him about

the medical exams.

He later revoked the trust after she negotiated the record-setting sales price and his lawyers argued that the move killed the deal. They said the case didn't belong in probate court because the trust had been dissolved.

The ruling in Los Angeles County Superior Court is unlikely to put an end to the bizarre saga that began in April when a recording surfaced of Sterling scolding his young girlfriend for bringing black men to Clippers games. The NBA moved quickly to ban Sterling for life and fined him \$2.5 million.

THE ASSOCIATED PRESS



Hugh Charles with the Roughriders in a game against the B.C. Lions in Regina on July 12. BRENT JUST/GETTY IMAGES

Stampeders pick up former Esks RB Charles

The Calgary Stampeders signed running back Hugh Charles to their practice roster Monday.

Charles, in his seventh CFL season, was released by the Edmonton Eskimos at the end of training camp and played one game with the Saskatchewan Roughriders.

In 55 career games with Saskatchewan and Edmonton, Charles has rushed 401

times for 2,170 yards and 15 touchdowns. He also has 82 career receptions for 995 yards and five touchdowns and has returned 78 kickoffs for 1,718 yards.

"Hugh is a CFL veteran who over the years has demonstrated great ability as a runner, a receiver out of the backfield and a kick returner," Stampeders general manager John Hufnagel said in a

release. "With our current injury situation, Hugh provides some very valuable depth for us at the running back and kick-returner positions."

Charles first joined the league as a free agent with Saskatchewan in 2008. He played 21 games with the Roughriders before being traded to Edmonton in October 2011.

THE CANADIAN PRESS

4 SPORTS

Lulay itching to get back into the game

Like a kid again. Now allowed to practise, B.C. Lions' quarterback can't wait for action

Travis Lulay felt like a kid again Monday — at least for a little while.

The B.C. Lions' quarterback, who is nearing the end of his stint on the six-game injured list, returned to practice for a few plays as his club prepared for their next game Saturday in Calgary against the unbeatenStampeders.

"It was just fun to be able to practise again," said Lulay, who has been sidelined since the start of the season. "I've been watching for a long time. So the joke is that I've got fresh legs now."

The freshness of his shoulder, however, remains in question as he continues to recover from off-season surgery to repair a torn labrum. Lulay

took part in a spring offensive mini-camp, but the shoulder was not up to strength for training camp or the pre-season and the Lions (2-3) placed him on the six-game injured list prior to their regular-season opener.

"It really is going to be depending on how the weeks go and stuff," he said. "This is still a progression for me. This is the first step into a live environment with moving parts and reading defences and all of that stuff."

Lulay was pleased with how the shoulder felt while he made short-range passes, but does not want to get ahead of himself in his recovery, which includes acupuncture along with stretching, strengthening and mobility exercises.

He is not eligible — or ready, according to coach Mike Benevides — to return for Saturday's contest, but is now allowed to take part in practice under CFL rules cov-

Baby steps

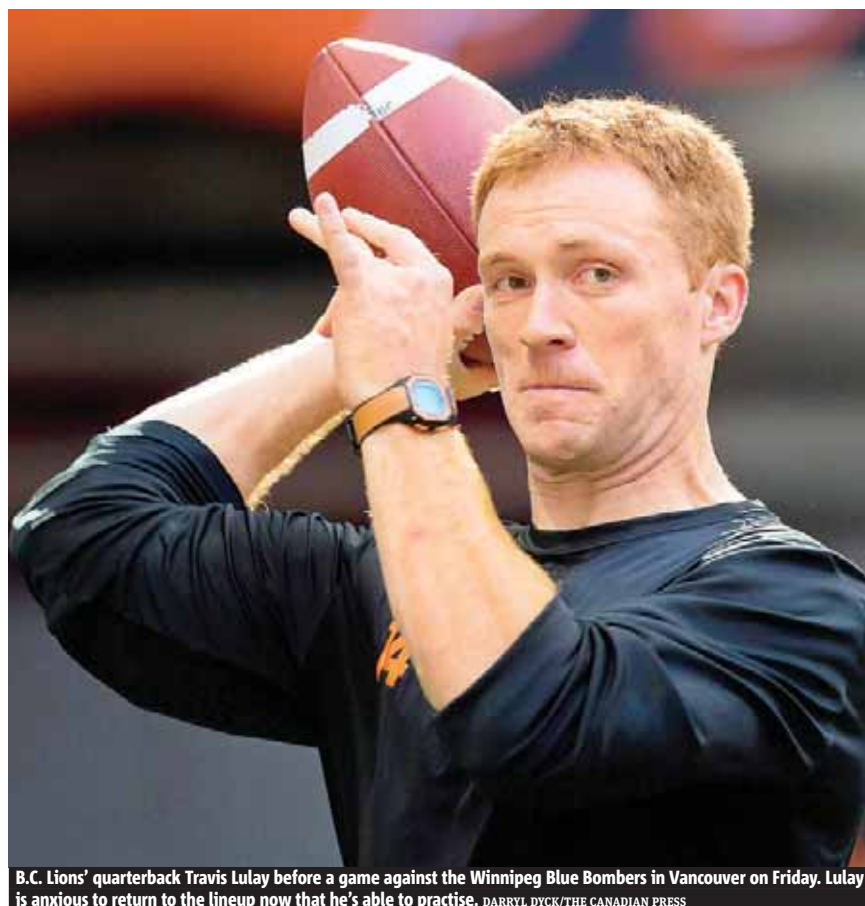
"This is still a progression for me."

Travis Lulay

ering the long-term injury list.

"I have to be honest with myself and be as open and honest as I can with everybody," he said. "If I'm trying to fool people, that's not good for anybody. So I'm very open about (how the shoulder feels) and (coaches) trust me to push it to the limit — but not beyond."

Although Lulay has "pushed the limits" to be as involved as possible in practices and home and away games, he still missed "little things" like high-fives and head bumps on the field before games. Now that the 30-year-old is able to take part in practice again, he is even more anxious to return to the lineup. **THE CANADIAN PRESS**



B.C. Lions' quarterback Travis Lulay before a game against the Winnipeg Blue Bombers in Vancouver on Friday. Lulay is anxious to return to the lineup now that he's able to practise. DARRYL DYCK/THE CANADIAN PRESS

CREDIT CARD AUTHORIZATION ASSISTANT

Metro's Finance Department is looking for a Credit Card Authorization Assistant to join the Credit & Collections team Part Time (Monday to Friday - 5 hours a day). Reporting to the Credit & Collections Manager, the successful candidate will be responsible for ensuring that all payments made to Metro are correctly received, reported and with feedback.

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- Obtain credit card information from customers via telephone and Fax to process the cards
- Comply to PCI compliance rules
- Responsible to approve or Cancel prepay orders based on payment received 36 hrs prior to ad run date for western markets
- Follow up on customers prepay account outstanding with sales reps

REQUIREMENTS OF THE POSITION:

- 2 to 3 years related experience
- Experience in working in web based programs
- Comprehensive knowledge of Microsoft Office, Excel and Word
- Customer Service Skills
- Ability to multi-task and work in a fast paced environment
- Detail oriented
- Flexible, independent, creative, efficient, entrepreneurial spirited rebel preferred

Interested individuals who possess the skills described above are requested to submit their resumé and cover letter via email to hr@metronews.ca no later than August 1st.

PLEASE QUOTE: "Credit Card Authorization Assistant" in the Subject Line. All submissions will be treated as confidential.



'A toilet.' Rio's polluted bay gets its first test ahead of Olympic sailing races

Sailors, coaches and the mayor of Rio de Janeiro acknowledge the problem: Guanabara Bay, the venue for sailing at the 2016 Olympics, is badly polluted. Some liken it to a sewer.

The water is filthy after years of untreated waste being poured into the enclosed bay, a mess officials say will take at least a decade to fix.

But sail they will, starting Sunday with the first test event for Rio 2016. The weeklong regatta will feature all 10 Olympic classes, with 216 boats and 321 competitors from 34 nations.

Rio dumps almost 70 per

cent of its untreated sewage into the surrounding waters. Cleaning the bay was part of the pitch to land the Olympics, with officials pledging to cut the flow by 80 per cent by 2016.

But Rio's state environment secretary, Carlos Francisco Portinho, has acknowledged in a best-case scenario the reduction will be only 50 per cent.

"At low tide, it smells like sewage water. It smells like a toilet," said Austrian sailor Nikolaus Resch, who finished fourth at the London Olympics in the 49er class with teammate Nico Delle Karth. **THE ASSOCIATED PRESS**



Boats float in Rio de Janeiro's Guanabara Bay, the venue for the 2016 Olympic races. Sailors and officials agree it's badly polluted. FELIPE DANA/THE ASSOCIATED PRESS

NHL

Leafs sign centre Daniel Winnik

The Toronto Maple Leafs signed centre Daniel Winnik to a US\$1.3-million, one-year contract on Monday.

Winnik, 29, had a career-high 30 points (six goals, 24 assists) and 23 penalty minutes in 76 games for the Anaheim Ducks last season. He also had one assist and two penalty minutes in nine playoff games.

THE CANADIAN PRESS

CFL

TiCats' Collaros on six-game injury list

The Hamilton Tiger-Cats placed quarterback Zach Collaros on the six-game injured list Monday.

The CFL team confirmed the news on its official Twitter account.

Collaros has been out with head and back injuries after taking a hard hit from Edmonton Eskimos linebacker Odell Willis in a 28-24 loss on July 4.

THE CANADIAN PRESS

AUGMENTED REALITY

Stuck on 12 Across?
Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries

March 21 - April 20

You will get more out of being sociable today than by sitting at home. Someone you meet on your travels will open your mind to new ideas and new possibilities.

♉ Taurus

April 21 - May 21

If you want something enough, you will find a way to get it. If you have the courage to take a risk, you may hit the jackpot. Listen to your instincts — always.

♊ Gemini

May 22 - June 21

The closer you work with other people today, the more likely it is you will share in something that brings great benefits to everyone, both personal and professional.

♋ Cancer

June 22 - July 23

You need to find a place where you can be alone with your thoughts. The more you contemplate the meaning of life over the next few days the more life will bless you later.

♌ Leo

July 24 - Aug. 23

Life is getting faster and there will be no let-up over the next few days. One thing you won't be bored. It will all be great fun, though.

♍ Virgo

Aug. 24 - Sept. 23

The changes that are taking place in your life are quite natural and should not be resisted. Everything is all right.

♎ Libra

Sept. 24 - Oct. 23

Have faith in your own ideas and don't be afraid to take a risk. Deep down, you know you're on the right track.

♏ Scorpio

Oct. 24 - Nov. 22

The planets make it easy for you to approach people in positions of power today. But your proposal must be well thought out. They won't be impressed if it is easy to pick holes in your plan.

♐ Sagittarius

Nov. 23 - Dec. 21

What can you do to make someone's life more exciting and fulfilling? Your kind words and good deeds will have a ripple effect, making you a force for positive change.

♑ Capricorn

Dec. 22 - Jan. 20

Something you are working on would benefit from a second opinion. You must listen to advice from those who have been there and done it before you.

♒ Aquarius

Jan. 21 - Feb. 19

It's OK to put your own interests first. It's good of you to want to help those in need but you have desires, too.

♓ Pisces

Feb. 20 - March 20

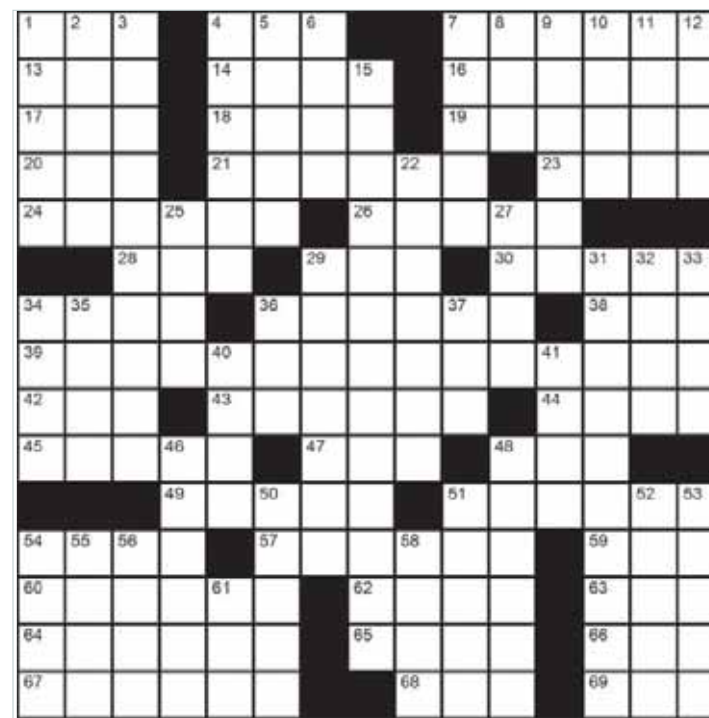
Let loved ones make their own decisions for a change. Too often, you have done everything for them. That's not good for you or them.

SALLY BROMPTON

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. Play-__
4. Texter's incidentally
7. Tooth __
13. Compass point
14. "___ it Memorex?"
16. "Austin Powers in Goldmember"
17. 'RCMP', e.g.
18. Running shoe brand
19. Spanish airline
20. Bar beverage
21. Portage Ave.'s Winnipeg partner: 2 wds.
23. Grease
24. Poseidon: 2 wds.
26. __ rug
28. Quickly write down
29. Arcade Fire singer Mr. Butler
30. Door parts
34. Busy as __
36. Chocolate store-bought treat: 2 wds.
38. Norse Myth: Underworld goddess
39. Paleontology: Dig excitement causer!: 2 wds.
42. Famed tomb king
43. Retro sci-fi Hollywood offering, __
44. Egyptian goddess
45. Mode
47. "___-d-y." (How Canadian actress Ms. Crewson spells her first name)
48. Scoundrel
49. Ms Macphail,



Canada's first woman MP, in 1921
51. Atomic No. 16
54. Muscat is its capital
57. Actors Alan and Adam
59. Helios' 'H'
60. Aussie singer Ms Goodrem's

62. Eye part
63. Nero's 7
64. Refrain
65. Yep's opposite
66. Long ago
67. Compact
68. __ worth
69. Domicile [abbr.]
Down
1. "Lost in the Plot"

by Montreal band The __
2. Timely way to deliver lines: 2 wds.
3. __ The Queen
4. Witty remark: 2 wds.
5. Group of three
6. Collaborative web-site name prefix

7. Gives off
8. Calligrapher's prop
9. __ & Davide (Makers of Queen Elizabeth's signature black patent leather shoes)
10. Ms. Sorvino
11. Mideast chieftain, variantly

12. Guide
15. Kim Cattrall's new dark comedy on HBO Canada: 2 wds.
22. Becomes really clear: 2 wds.
25. Leaves
27. __ sax
29. Guy like Tom Hanks in "Sleepless in Seattle" (1993)
31. The Band song that ends with "But just before she leaves, she receives.": 2 wds.
32. Brand of skin lotion
33. Rock star Mr. Stone's
34. Times to follow moms
35. Concerning, fun-style
36. Alphabet sequence
37. Expert
40. Elvis hit: "___ of You"
41. Scientist's solution holder
46. Canadian sugar brand
48. __ apple
50. Mean
51. Sharpshoot
52. Handy
53. Viking maneuvers
54. Un-evens
55. Encounter
56. First 'A' of aka
58. Cast-__ pan
61. Call for

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



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